**Nordic and Baltic Conference on Dementia and**

**Age-friendly Cities for Everyone**

**Riga, 30 September – 1 October 2024**

CONFERENCE AGENDA

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| **30 September 2024**  **Dementia: Support Options for People with Dementia,**  **Their Relatives, and Professionals** **13.00-17.00** | |
| 12.00-13.00 | Participant registration and light lunch |
| 13.00-13.30 | **Conference Opening and Introduction to the Agenda**  Opening speeches:   * Vilnis Ķirsis, Chairman of the Riga City Council (*tbc*) * Hosams Abu Meri, Minister of Health of the Republic of Latvia (*tbc*) * Uldis Augulis, Minister of Welfare of the Republic of Latvia (*tbc*) * Stefan Eriksson, Director of the Nordic Council of Ministers Office in Latvia |
| **National Support Mechanisms** | |
| 13.30-13.55 | **Effective Dementia Prevention and Key Preventive Factors:**  **Nordic Study (2023-2024)**  Pia Nevala Westman, Nordic Welfare Centre or representative of the research group |
| 13.55-14.20 | **Finland's National Support System for People with Dementia and Memory Impairment "Together for Better Services for Persons with Memory Problems. The National Memory Care Pathway”**  Pia Pulkkinen, Finnish National Institute for Health and Welfare (THL) |
| 14.15-14.40 | **Estonia's Experience and Support System for People with Dementia**  Piret Purdelo-Tomingas, Estonian Competence Centre for Dementia |
| 14.40-14.55 | Questions and Answers |
| 14.55-15.25 | Coffee Break |
| **Support Services for Families** | |
| 15.25-16.15 | **Preparing Relatives for Life with a Dementia Patient**   * Experiences of people with dementia or their relatives from Latvia (in person or via video) * "Couples Circle" - support groups for couples where one partner has dementia   Laura Rautiainen, Finnish Association for Senior Welfare |
| 16.15-16.25 | Questions and Answers |
| **Caring for Employees** | |
| 16.25-16.45 | **Use of Music in Care Work at Long-Term Care Institutions**  Norwegian Arts and Health Resource Centre (*tbc*) |
| 16.45-17.00 | Questions and Answers. Summary of the Day |
| 17.00-18.30 | Refreshments and Networking |

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| **1 October 2024**  **Age-friendly Cities for Everyone**  **9.00-14.00** | |
| 8.30-9.00 | Coffee |
| 9.00-9.10 | **Introduction to the Day's Agenda** Moderators: Daina Mežecka and *tbc* |
| **Population Diversity and Factors Enhancing Quality of Life.**  **Creating Sustainable Living Spaces for the Entire Life Cycle** | |
| 9.10-9.40 | **On the Built Environment and Ensuring People's Needs and Quality of Life Throughout the Life Cycle** (topic to be confirmed)  Anna Žabicka, Social Anthropologist, Latvia and University of Vienna |
| 9.40-10.05 | **On the Social Potential of Architecture and the Built Environment in Creating Vibrant Multifunctional Public Spaces and Improving Quality of Life for Various Population Groups** (topic to be confirmed)  Dominique Hauderowicz, Architect and Architectural Researcher, dominique+serena, Denmark |
| 10.05-10.25 | **Essential Elements and Qualities for the Comfortable Use of Buildings and Urban Environments. Overview of Universal Design Solutions from Norwegian Municipalities**  Christian Hellevang, Coordinator of the Universal Design and Senior-Friendly Cities Network, Norwegian Association of Local and Regional Authorities |
| 10.25-10.55 | **Panel Discussion "An Age-friendly City for All Generations – What Factors and Elements Create It?"**   * Dominique Hauderowicz, Architect and Architectural Researcher, dominique+serena, Denmark * Christian Hellevang, Coordinator of the Universal Design and Senior-Friendly Cities Network, Norwegian Association of Local and Regional Authorities (*tbc*) * Others   Moderator: Sirle Salmistu, Tallinn University of Technology, Estonia (*tbc*) |
| 10.55 – 11.20 | Coffee Break |
| **Useful for All, Necessary for Some. Universal Design Examples**  **for Adapting the Physical Environment to Different People's Needs** | |
| 11.20-11.45 | **User-friendly Housing and Surroundings**  Examples of Solutions from Senior-Friendly Cities in the Nordic Countries (*tbc*) |
| 11.45-12.10 | **An Urban-Integrated Care Facility: Carpe Diem Dementia Village**,Winner of Norway's Inclusive Design and Architecture Innovation Award.  Representative of Bærum Municipality (*tbc*) |
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| 12.35-13.15. | **Panel Discussion on Experiences and Insights**   * Representatives of Bærum Municipality(*tbc*) * Andis Rinkevics, State Police, Latvia (*tbc*) * Daycare Centre “Pērle”, Cēsis (*tbc*) * Others |
| 13.15-13.30 | Conference Summary and Conclusion |
| 13.30-14.00 | Light Meal and Departure |